



MASTER OF DECEPTION

MOST seasonal bouts of diarrhoea in children are caused by viruses — and they usually resolve on their own within a few days. But one bacterial strain knows how to blend in, says Dr Purushothaman Kuzhikkathukandiyl, Professor of Pediatrics at MES Medical College, Malappuram. “Shigella sonnei can present with the exact same atypical, viral-like features. Because it mimics a mild virus, it poses a real diagnostic challenge,” he adds.

In young children especially, the absence of bloody stools or high fever does not rule out Shigella. Paediatricians in outbreak-prone seasons are advised to maintain a high index of suspicion and consider stool culture before defaulting to symptomatic treatment alone.

OUTBREAK IN KERALA

59 CASES AND FOUR DEATHS IN JUNE

The recent Shigella outbreak in Kerala has put public health authorities on high alert after a surge in highly contagious shigellosis cases across districts like Kozhikode, Wayanad and Thiruvananthapuram. Health officials trace the spike to localised groundwater contamination in private wells and unhygienic practices in commercial food outlets. In response, the state Health Department has launched rigorous containment measures—including intensive well chlorination, food safety inspections, and the distribution of oral rehydration solution (ORS)—while urging the public to strictly consume boiled drinking water and practice thorough hand hygiene.

QUICK FACTS



WHO IS MOST AT RISK

Children under five, the elderly, travellers to endemic regions, those in close-contact settings such as daycare centres and long-term care facilities, and anyone with a compromised immune system

ANTIBIOTIC RESISTANCE

Shigella has demonstrated resistance to ampicillin, trimethoprim-sulfamethoxazole, fluoroquinolones, and increasingly to azithromycin — one of the last widely accessible oral options. Treatment now requires culture and sensitivity testing wherever possible



SHIGELLA

HE STOPPED FOR A QUICK BITE & NEARLY LOST HIS KIDNEYS

Shigella only needs an infectious dose of just 10 individual organisms to cause catastrophic damage to the digestive system and trigger a full-blown medical crisis

UNNIKRISHNAN S @TPuram

FOR 34-year-old software architect Rahul Devan, it started not with a roar, but with a mild, deceptive rumble. Walking home after a late shift in Thiruvananthapuram, he had stopped by a popular local eatery for a chicken shawarma wrap. It was a routine choice, one made by thousands of commuters every evening.

“By the next afternoon, I felt a slight chill,” Rahul recalls, speaking from his hospital bed, his face pale and visibly drained. “I figured it was just standard indigestion or exhaustion. I took an antacid and tried to sleep it off. I had no idea my body was already losing a war to an organism I couldn’t even see.”

What Rahul had actually ingested was Shigella — a hyper-contagious bacterial pathogen that turns the human digestive system into a site of rapid, catastrophic damage. Unlike common food poisoning agents like Salmonella, which require a person to swallow hundreds of thousands of bacteria to fall ill, Shigella needs an infectious dose of as few as 10 individual organisms to trigger a full-blown medical crisis.

This extreme potency is explained by how

aggressively the bacteria attacks the body. “Shigella behaves differently from routine food poisoning. The organism doesn’t merely pass through the intestine — it invades the lining of the colon, triggering a severe inflammatory response that causes fever, cramps, and sometimes blood in the stool,” explains Dr Vinod Xavier, consultant of internal medicine at Aster Medcity, Kochi.

By midnight, the deception was over. The bacteria had successfully navigated Rahul’s stomach acid, reached his large intestine, and begun invading the cellular lining of his colon.

“The pain woke me up. It wasn’t a normal stomach ache; it felt like a sequence of intense, white-hot muscle spasms slicing through my abdomen,” Rahul says. Within hours, he was trapped in a relentless cycle of vomiting and severe diarrhoea. By morning, his symptoms had escalated into classic bacillary dysentery — a bacterial infection of the intestines. “When I looked down and saw that I was pass-

ing nothing but pure mucous and blood, panic set in. My fever shot up to 103°F. I was so weak I had to crawl to the bathroom.”

Distinguishing these aggressive symptoms from everyday stomach bugs is crucial for timely medical intervention. “The rough picture that should raise suspicion is a high fever, painful cramps, and frequent, small, bloody or mucous stools. Plain food poisoning more often means large watery stools and prominent vomiting,” explains Dr Muhammed Niyas, consultant in the department of infectious diseases at KIMSHEALTH, Thiruvananthapuram.

When his roommate rushed him to the emergency room, clinicians immediately recognised the signs of acute shigellosis. Rahul was profoundly dehydrated, his blood pressure was dropping dangerously, and his kidneys were straining under the systemic shock. He was placed on intravenous fluids to restore his electrolyte balance and isolated to prevent further transmission. For three days, he remained tethered to IV lines, receiving a targeted course of antibiotics while hospital staff meticulously tracked his renal function.

The physical toll was massive. He lost nearly 4kg in less than a week, and the sheer exhaustion left him unable to stand unassisted for days. Even as his fever broke and the agonising cramps finally subsided into a dull ache, the psychological impact lingered.

“You become intensely aware of how fragile your health is,” Rahul reflects, looking at his half-empty glass of boiled water. “I used to eat street food without a second thought. Now, the mere thought of ordering food from an unverified kitchen makes me anxious. You realise that a single unwashed hand or a minute of improper refrigeration by someone you’ve never met can put you in an ICU.”

As he prepares for discharge, Rahul faces a slow, multi-week recovery involving strict dietary restrictions and probiotics to rebuild his decimated gut flora. “This isn’t over when you walk out the door,” he says quietly. “Your body reminds you of it every single day.”

HOW IT ENTERS THE BODY

Exclusively through the faecal-oral route — contaminated food, water, hands, or surfaces. It does not spread through the air or casual contact, but indirect transmission through contaminated objects is common and frequently underestimated

Antidiarrhoeal meds can trap bacteria in body, worsen illness

MOST people treat stomach infections the way they would a bad cold — rest, wait, and reach for whatever is in the medicine cabinet. With Shigella, that instinct can make things significantly worse. Dr Muhammed Niyas, consultant in infectious diseases at KIMSHEALTH, Thiruvananthapuram, explains to **Unnikrishnan S** the mistakes patients make and what to do instead. Edited excerpts:

Q Not every stomach bug needs a doctor. Where does Shigella sit on that scale?

Further along than most people expect. Milder cases can be managed with fluids and rest, but the moment illness turns serious, high fever, bloody stools, signs of dehydration, antibiotics become essential. They are also recommended for anyone with weakened immunity, signs of bloodstream involvement, and food handlers, where public-health stakes are higher. When prescribed appropriately, antibiotics shorten both fever and diarrhoea and reduce how long the patient remains infectious.

Q Patients often stop their course the moment they feel better. How dangerous is that?

Quite dangerous. Feeling better is not the same as being cleared. Stopping early risks an incomplete cure, prolongs the window during which you can spread the infection, and contributes to antibiotic resistance — already a serious problem with Shigella globally. The course is usually short, around three days, but that decision belongs to the treating doctor, not the patient.

Q What about anti-diarrhoeal medicines — the kind available at any pharmacy?

Avoid them entirely. Drugs like loperamide slow the gut to suppress diarrhoea, but that is precisely the wrong approach here. Trapping bacteria and toxins inside worsens the illness, extends how long the germ is shed, and can push a manageable infection toward serious complications. Rehydration, not suppression, is the answer.



INTERVIEW
DR MUHAMMED NIYAS

KSEB KERALA STATE ELECTRICITY BOARD LIMITED- Expression Of Interest

O/o the Chief Engineer (REES& PED), Vidyuthi Bhavanam, Thiruvananthapuram.

Notice inviting Expression Of Interest(EOI)for Repowering of the existing 2.025MW (225kVx 9 nos) WIND FARM of KSEB, to 5MW at KARUKKODE under TBCC model

E tender ID 2026_KSEB_855306_1

Last date & time of submission of EOI: 10-08-2026 03.00 pm

The EOI documents and other details may be downloaded from the website https://e tenders.kerala.gov.in. Email/Phone corresp@kseb.in 0471-2514336

Visit www.etenders.kerala.gov.in and www.kseb.in Ref :PR/MC/1/F390/2026

SASVITHA HOME FINANCE LTD.

Sathguru Complex, 1st Floor, No.640, Anna Salai, Nandanam, Chennai -600035

POSSESSION NOTICE (For Immovable Properties) Rule - 8(1)

WHEREAS The undersigned being the Authorised Officer of SASVITHA HOME FINANCE LIMITED (HEREIN AFTER CALLED THE COMPANY), under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002, and in exercise of powers conferred under section 13(2) read with Rule 3 of the Security Interest (Enforcement) Rules, 2002, issued a Demand Notice dated 24.03.2026 calling upon the Borrowers and Co-Borrowers and Guarantors as given below to repay the amount mentioned in the notice within 60 days from the date of receipt of the said notice.

The Borrowers/Co-Borrowers/Guarantors having failed to repay the amount, notice is hereby given to the Borrowers / Co-Borrowers / Guarantors and the public in general that the undersigned has taken possession of the properties described herein below in exercise of powers conferred on him under sub-section (4) of section 13 of Act read with rule 8 of the Security Interest Enforcement) Rules, 2002 on this 12th day of June 2026.

The Borrowers / Co-Borrowers / Guarantors in particular and the public in general are hereby cautioned not to deal with the properties and any dealings with the properties will be subject to the charge of Sasvitha Home Finance Limited, Tirunelveli Branch for an amounts and interest thereon mentioned below against each account.

The borrower's attention is invited to provisions of sub-section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets.

S.No.1: Borrower / Co-Borrower / Guarantor: 1.Mr. Samy S and 2.Mrs.Sumathi S, Both at: No: 61/34, Muppadaith Amman Koi Street, Urmelazhagian, Tirunelveli - 627852; [Home Loan - Loan A/c Nos. 1062031300110 & 1062011000230] Amount claimed as per Demand Notice: ₹9,01,060/- (Rupees Nine Lakhs One Thousand Sixty Only) as on 19.03.2026 and incidental expenses, costs etc. and future interest from 20.03.2026 and incidental expenses, cost, charges, etc. thereon.

DESCRIPTION OF THE PROPERTY: Tenkasi District, Tenkasi Registration District, Idakkal Sub Registrar Office, Kadayanallur Taluk, Urmelazhagian Village, UrmelazhagianPancayat Limit 6th Ward, Muppadaithamman Koi Street, Old Natham Survey Number, 143/1 New Natham Survey No. 143/36 001.20 sqm. in with measurement East - West 33 feet North - South 41.5 feet. Totally which 1370 sqft. in which builded house bearing Old Door No. 56K, Now New Door No. 61/34 with R.C.C. Roof Tiled House with Electric Service Connection No. SC 781 and all other regular rights. Bounded by: North : House belongs to Thirumalaiahmmal. East : House belongs to Shanmugam and other, South : East-West Muppadaithamman Koi Street, West : House belongs to Govindanadar. The schedule property covered under sale deed dated 19.04.2005 Regd. Doc. No. 895/2005

S.No.2: Borrower / Co-Borrower / Guarantor: 1.Mr. Uthayakumar S and 2.Mrs.Selvamm U, No: 25, North Street, Veerankulam, Nanguneri, Tirunelveli-627108; [Home Loan - Loan A/c Nos. 1062011000222 & 1062012300143] Amount claimed as per Demand Notice: ₹ 10,66,972/- (Rupees Ten Lakhs Sixty Six Thousand Nine Hundred and Seventy Two Only) as on 19.03.2026 and incidental expenses, costs etc. and future interest from 20.03.2026 and incidental expenses, cost, charges, etc. thereon

DESCRIPTION OF THE PROPERTY: Tirunelveli District, Tirunelveli Registration District, Nanguneri Sub-Registrar Office, Therku Nanguneri Village, Old S.No. 248/2, New Ra. Survey No. 248/30 to the extent of 0.01.51 Hec equivalent to 151 sqm. equivalent to 3.73 cent in which builded house bearing Door No. 58/A Asst. No. 1170 with Electric Service Connection No. 07-024-006-1027 and all other regular rights of house Bounded by North : East - West Street, East : House belongs to Perumal Nadar and Vel Nadar, South : East - West Street, West : House belongs to Arunuga Nadar and Esakkimuthu Nadar. The Schedule property now lies in Therku Nanguneri Panchayat, 1st Ward, Veerankulam. The schedule property covered under Settlement family deed dated 21.01.2022 - Regd Doc. No. 106/2022.

Date: 12.06.2026, Place: Chennai Authorized Officer, For Sasvitha Home Finance Limited

KERALA MEDICAL SERVICES CORPORATION LTD

(DEPARTMENT OF HEALTH & FAMILY WELFARE, GOVT. OF KERALA)

Head Office : Thycad, Thiruvananthapuram-14, (Telephone No. 0471-2945600)

E-mail : edrugs.kmscl@kerala.gov.in, website : www.kmscl.kerala.gov.in, CIN No. U24233KL2007SGC021616

No.KMSCL/ED/17/2026 Date : 12.06.2026

E-TENDER NOTICE

Online bids are invited from manufacturers/direct importers/ loan licensees on behalf of Department of Health, Govt of Kerala for the procurement of drugs for the year 2026-27.

Sl. No.	Tender No. and Date	No. of items
1.	KMSCL/ED/IT-A/RC/2026/016 Dtd. 12/06/2026	1

The last date and time of online uploading of tenders will be 24.06.2026, 5.00 pm. The date and time of opening of Technical bid will be 29.06.2026, 11.30 am. Tender documents can be downloaded and submitted online through the e-tender portal www.etenders.kerala.gov.in.

(Sd/-) MANAGING DIRECTOR (Tender Inviting Authority)

BANGALORE ELECTRICITY SUPPLY COMPANY LIMITED

(Wholly owned Government of Karnataka undertaking)

(CIN-U04010KA2002SGC030438)

No:BESCOM/CGM(Proj)/DGM-1/AGM/BC-14/26-27/CYS-86 Date:15.06.2026

REVISED NOTIFICATION INVITING TENDER (Through KPP Portal)

The calendar of Events published for the following works in the Newspapers Vijaya Karnataka and New Indian Express on 14.05.2026 is modified and detailed as under.

Sl. No.	Tender Enquiry No	Name of the Works
1	BESCOM/2026-27/ EL/WORK_INDENT 1110	Construction of a New 11 KV feeder from the 66/11 KV Sub-Station, Tumkur to the proposed EV Charging Station of KSRTC under the PM e-Bus Sewa Scheme at Tumkur for arranging power supply to an extent of 3000 KVA in favour of the Divisional Controller, KSRTC Division, Tumkur, under Deposit Contribution Works.
2	BESCOM/2026-27/ EL/WORK_INDENT 1097	Construction of a New 11 KV feeder from 220/66/11 KV SRS, Davangere to the proposed EV Charging Station of KSRTC under the PM e-Bus Sewa Scheme at Davangere for arranging power supply to an extent of 3000 KVA in favour of the Divisional Controller, KSRTC Division, Davangere, under Deposit Contribution Works.

Calendar of Events: 1) Availability of Bid documents: 18.06.2026 onwards. 2) Last date for submission of Bid queries: 29.06.2026 before 17:00 Hrs. 3) Pre-Bid Meeting: 30.06.2026 at 11:00 Hrs. Venue of Pre-Bid Meeting: O/o Chief General Manager (Ele), 4th Floor, Project Section, B Block, Corporate Office, BESCOM, K.R Circle, Bengaluru-560001. (4) Last date & Time for Bid Submission: 20.07.2026 at 15:00 Hrs. (5) Opening of Technical Bids: 21.07.2026 at 15:30 Hrs.

The bid documents can be downloaded and necessary assistance can be obtained through Karnataka Public Procurement Portal (KPPP) from the Website <https://kppp.karnataka.gov.in>

KPP Portal Help Desk: Phone No: +91-8046010000/ +91-8068948777

E-mail: support@eprocelpdesk.com

Aspiring bidders needs to be registered on Karnataka Public Procurement Portal (KPPP). Bidders can take the assistance from the KPPP during office working hours.

Sd/- Chief General Manager (Ele), Projects, BESCOM

For any BESCOM related Complaints Call: 1912

Please Download BESCOM Mitra Mobile App

UJJIVAN SMALL FINANCE BANK

Registered Office: Grape Garden, No.27, 3rd "A" Cross, 18th Main, Koramangala 6th Block, Koramangala, Bengaluru-560095, Karnataka

E-AUCTION NOTICE

E-Auction Notice for Sale under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act (SARFAESI Act) 2002. Read with Proviso Rule 8(b) & 9(1) of Security Interest (Enforcement) Rules 2002.

The undersigned as Authorised Officer of Ujjivan Small Finance Bank Ltd, has taken possession of the following properties in exercise of powers conferred under section 13(4) of the SARFAESI ACT. The Borrower in particular and public at large are informed that E-Auction of the mortgage properties in the below mentioned account for realization of dues of the Bank will be held on "AS IS WHERE IS BASIS" and "AS IS WHAT IS BASIS" on the date as prescribed as here under.

Branch Office: Vadsery South, Distillery Road, Opp.Nagarcoil Bus Stop, Vadasery, Agastheeswaram, Nagercoil, Tamil Nadu 629001

S. No.	Loan Account Number / Name of Borrower/ Co-Borrower/Guarantor	(i) Date of 13-2 Notice & Demand Amount as on (ii) Date of Possession	Present Outstanding Balance	Reserve Price in INR	Earnest Money Deposit (EMD) in INR
1.	1658210180000037 1.Mr.Sasikumar 2.Mrs.Rani Sathyanesan	(i) 08.09.2022 & ₹ 27,36,722/- (Rupees Twenty Seven Lakhs Thirty Six Thousand Seven Hundred and Twenty Two Only) as on 06.09.2022 (ii) 12.12.2023(Symbolic) & 20.11.2024 (Physical)	₹ 42,39,367/- (Rupees Forty Two Lakhs Thirty Nine Thousand Three Hundred and Sixty Seven Only) as on 15.05.2026	₹ 27,66,000/- (Rupees Twenty Seven Lakhs Sixty Six Thousand Only)	₹ 2,76,600/- (Rupees Two Lakhs Seventy Six Thousand Six Hundred Only)
2.	1649250250000037 1. Mr.Vignesh Mookkandi 2.Mr. Krishnan M 3. Mrs. Selvi	(i) 15.03.2025 & ₹ 4,99,231/- (Rupees Four Lakh Ninety-Nine Thousand Two Hundred and Thirty-One Only) as on 03.03.2025 ii) Physical Possession - 11.08.2025	₹ 6,25,519.02 (Rupees Six Lakhs Twenty Five Thousand Five Hundred and Ninety and Paise Two Only) as on 15.05.2026	₹ 2,49,000/- (Rupees Two Lakhs Forty Nine Thousand Only)	₹ 24,900/- (Rupees Twenty Four Thousand Nine Hundred Only)

Property Description/Schedule: Registration District Palugal, Taluk Vilavancode, Village Edaicode, Old.Sy.No.2191B, New Sy.No.469/13A1, measuring 6 Cents (242.82 Sq. Mtrs) including 4.5 feet pathway to the property, Pattna No.5011 and bounded on: East: Property belonged to Gnanadhas and others, West : Property of Manonmani, South : Property belonged to Vijayan, North : Property belonged to Jeba Isan. With land and building and all other appurtenances with right of way and easementary rights annexed thereto.

Branch Office: No.6/1/6/2, SF No. 5/2A, Ground Floor, Vannarpettai Road, Palayamkottai, Thirunelveli, Tamilnadu-627002

Property Description/Schedule: Item No.1: All that Part & Parcel of situated at Cheranmahadevi Registration District, Cheranmahadevi Joint II Sub- Registrar Office, Cheranmahadevi Village limit at 1st Ward in South 4th Street, Old Natham Survey no. 186/1 (Part) and as per New Natham Survey No. 1586/6, measuring to an extent of 331.25 Square feet equivalent to 77.22 Square Meter: admeasuring East to West: at the Northern Side 26 feet, Southern Side 25 feet and South to North: on Eastern Side 34 feet and Western Side: 32.25 feet of vacant land bounded on: North: House of Magesh, South: House of Murugan, East: Land of Murugan, West- Land of Krishnan and Item No.1 Property.

Item No.2: All that Part & Parcel of situated at Cheranmahadevi Registration District, Cheranmahadevi Joint II Sub-Registrar Office, Cheranmahadevi Village limit at 1st ward in South 4th Street, Old Natham Survey No. 186/1(Part) and as per New Natham Survey No. 1586/6, measuring to an extent of 186 Square feet equivalent to 17.280 Square Meter, admeasuring East to West: on Northern Side 31 feet, Southern Side 31 feet and South to North: on Eastern Side 6 feet, western side 6 feet and vacant land bounded on: North: Land of Krishnan, South: House of Murugan, East: South-North Street, West: Item No.1 Property.

The Property belongs to Mr. Vignesh Mookkandi i.e. (No. 1 among you)

DATE AND TIME OF E-AUCTION : 04.07.2026 From 10.00 a.m. to 12.00 Noon

Last Date for submission of Bid: 03.07.2026 Between 10.00 a.m and 5.00 p.m

Date & Time of Inspection of the properties: 02.07.2026 Between 10.00 a.m and 5.00 p.m

For More Details Contact Bank Authorized Officer: For S.No.1: Mr. Bharathan – 93622 76767 / Kirubakar Radhakrishnan – 94455 08743 / R.Pushpakant – 9843114222 & For S.No.2: Mr.Ramprasath - 95009 96689 / Mr.Tijo Sanjan - 78451 92261.

The e-Auction is being held on "AS IS WHERE IS" and "AS IS WHAT IS BASIS".

The E-Auction will be conducted through Ujjivan Small Finance Bank approved E-auction service provider - M/s C1 India PVT LTD. Contact person-Mr.Prabhakaran (Mob: 74182 81709). The intending bidders are advised to visit <https://www.bankauctions.com> or <https://www.ujjivansfb.in/e-auctions> for the details of the properties in the website and for taking part in the bid they should register their names at portal <https://www.bankauctions.com> and get their user-id and password free of cost. Prospective bidders may avail online training on E-Auction from the service provider M/s. C1 India PVT LTD. Helpline Numbers - 72919 18824, 25, 26 support email id: support@bankauctions.com, Auction portal - <https://www.bankauctions.com>.

For detailed terms and conditions of the sale, please refer to the link provided in our Bank's / Secured Creditor's website i.e., <https://www.ujjivansfb.in/e-auctions> / <https://www.bankauctions.com>.

Date : 16.06.2026, Place : Bangalore Authorized Officer, Ujjivan Small Finance Bank